

# Lent at Glossop Parish Church

Lent is the 40-day penitential period leading up to Easter during which the Church prepares herself anew to walk with Jesus of Nazareth through his betrayal, execution and resurrection. Lent is a period of testing and trial, lasting a symbolic forty days, between Jesus' baptism and the launch of his public ministry.



## A Rhythm of Life

Lent is a season when it is generally understood that we get down to some serious business. The origin of Lent lies in the training period for baptismal candidates at Easter, but was gradually widened into a period of spiritual limbering up for all. Lent is a time to reflect on and develop our 'rhythm of life', helping us to stay centred on God and bringing perspective and clarity to the way of life to which God has called each of us. In our personal rhythms of life we are each encouraged to engage in public worship, in private prayer, in Bible reading, and in giving of ourselves – our time and our money.

*How might you use Lent to sustain and deepen your rhythm of life?*

## Ecumenical Prayer Services

On each Wednesday lunchtime in Lent a different church in Glossopdale will host an opportunity for us to gather together to pray. The services start at 12 noon and last approximately 30 minutes; they are followed by a bring-and-share lunch.

## Peace and Quiet

On Wednesday, 18<sup>th</sup> March you are offered the opportunity to relax and take time out to reflect on ways of journeying through Lent which are complementary to the familiar disciplines of Lent. Through music, readings, poetry, prayer and silence we seek to be brought closer to the experience of Jesus. Peace and Quiet starts at 7.30pm and lasts about an hour.

26 <sup>th</sup> February <i>Ash Wednesday</i>	9.30am 7.30pm	Said Eucharist with Imposition of Ashes Sung Eucharist with Imposition of Ashes
1 <sup>st</sup> March <i>1<sup>st</sup> Sunday of Lent</i>	8am 10.30am 3.30pm	Holy Communion (Traditional Language) Parish Eucharist Evensong
4 <sup>th</sup> March <i>Ember Day</i>	9.30am 12 noon 7.30pm	Said Eucharist Prayer: Dinting Vale, Holy Trinity Study Group
8 <sup>th</sup> March <i>2<sup>nd</sup> Sunday of Lent</i>	10.30am	Parish Eucharist
11 <sup>th</sup> March	9.30am 12 noon 7.30pm	Said Eucharist Prayer: Hadfield, St Andrew Study Group
15 <sup>th</sup> March <i>3<sup>rd</sup> Sunday of Lent</i>	10.30am	Family Eucharist
18 <sup>th</sup> March	9.30am 12 noon 7.30pm	Said Eucharist Prayer: Broadbottom, Immaculate Conception Peace and Quiet
18 <sup>th</sup> March <i>Joseph of Nazareth</i>	9.30am	Said Eucharist
22 <sup>nd</sup> March <i>Mothering Sunday</i>	10.30am	Parish Eucharist
25 <sup>th</sup> March <i>Annunciation</i>	9.30am 12 noon 7.30pm	Said Eucharist Midday Prayer: Glossop, All Saints RC Study Group
29 <sup>th</sup> March <i>5<sup>th</sup> Sunday of Lent</i>	10.30am	Parish Eucharist
1 <sup>st</sup> April <i>F D Maurice</i>	9.30am 12 noon 7.30pm	Said Eucharist Prayer: Glossop, Central Methodist Study Group

## Lent Study Group

Climate change is devastating the lives of families and children across our planet. It's a cruel and horrific story that millions of people are experiencing today, especially those living in poverty. 'Radically Changing the Story' challenges us through the parables of Jesus, through prayer and through action to radically change the story for millions of people in poverty affected by climate change.

The Study Group meets on Wednesdays 4<sup>th</sup>, 11<sup>th</sup> and 25<sup>th</sup> March and 1<sup>st</sup> April, starting at 7.30pm and lasting about an hour.

## Holy Week

Through our participation in the sequence of services in Holy Week we share in Christ's own journey, from triumphal entry into Jerusalem on Palm Sunday to crucifixion on Good Friday.

The procession at the Parish Eucharist on **Palm Sunday** (5<sup>th</sup> April) is accompanied by the reading of the Passion Narrative in which the whole story of the week is anticipated.



The **Stations of the Cross** (Monday, 6<sup>th</sup> April) have formed part of Christian devotion for many centuries because they enable us to engage actively with the path of suffering walked by Jesus.

At **Tenebrae** (Tuesday, 7<sup>th</sup> April) we hear and reflect on the arrest and passion of Jesus through readings, hymns and prayer. The most conspicuous feature of the service is the gradual extinguishing of candles and other lights in the church until only a single candle, considered a symbol of our Lord, remains: the word *tenebrae* comes from the Latin word for darkness.

At the **Eucharist of the Last Supper** and the **Vigil** on Maundy Thursday (9<sup>th</sup> April) there is a rich complex of themes: humble Christian service expressed through Christ's washing of his disciples' feet and the institution of the Eucharist, and the perfection of Christ's loving obedience through the agony of Gethsemane.



After keeping vigil Maundy Thursday passes into Good Friday for **The Liturgy of the Passion** (10<sup>th</sup> April). The church has been stripped of all decoration: it is bare and empty.



## Holy Week

5 <sup>th</sup> April <i>Palm Sunday</i>	8am 10.30am 3.30pm	Holy Communion (Traditional Language) Parish Eucharist Evensong
6 <sup>th</sup> April	9.30am 7.30pm	Morning Prayer Stations of the Cross
7 <sup>th</sup> April	9.30am 7.30pm	Morning Prayer Tenebrae
8 <sup>th</sup> April	9.30am 12 noon 7.30pm	Said Eucharist Prayer: Glossop, All Saints Study Group
9 <sup>th</sup> April <i>Maundy Thursday</i>	9.30am 7.30pm	Morning Prayer Eucharist of the Last Supper Followed by Vigil
10 <sup>th</sup> April <i>Good Friday</i>	9.30am 3.00pm	Morning Prayer The Liturgy of the Passion
11 <sup>th</sup> April <i>Holy Saturday</i>	9.30am	Morning Prayer

## Prayers for Lent

*Almighty God,  
whose Son Jesus Christ fasted forty days in the wilderness,  
and was tempted as we are, yet without sin:  
give us grace to discipline ourselves in obedience to your Spirit;  
and, as you know our weakness, so may we know your power to save;  
through the same Christ our Lord.*

*Almighty God,  
whose most dear Son went not up to joy but first he suffered pain,  
and entered not into glory before he was crucified:  
mercifully grant that we, walking in the way of the cross,  
may find it none other than the way of life and peace;  
through Jesus Christ our Lord.*